



## NEWS RELEASE

FOR IMMEDIATE RELEASE

### Sea Grove Recovery Appoints Kylee Briney, MBA, as Chief Executive Officer

**MOUNT PLEASANT, S.C. – August 31, 2026** – Sea Grove Recovery, a provider of evidence-based treatment for substance use and co-occurring mental health disorders, is pleased to announce the appointment of **Kylee Briney, MBA**, as its new Chief Executive Officer.

As CEO, Briney will oversee the organization's operations while continuing to strengthen Sea Grove Recovery's commitment to delivering high-quality, patient-centered care. She brings extensive experience in behavioral health leadership, operational management and organizational development, along with a passion for creating environments where both patients and staff can thrive.

*"Stepping into the CEO role at Sea Grove Recovery is incredibly meaningful to me because this work is ultimately about people and the belief that their lives can change," said Briney. "Throughout my career in behavioral healthcare, I've had the privilege of seeing individuals and families rebuild their lives through recovery. I'm passionate about creating an environment where every person who walks through our doors feels seen, supported and hopeful about what comes next. I'm honored to lead a team that has the opportunity to make that kind of impact every day."*

Before joining Sea Grove Recovery, Briney served as Regional Director of Operations for Aliya Health Group's California facilities, including South Coast Behavioral Health and Vogue Recovery Centers, while also overseeing operations at South Coast's treatment center in Oklahoma City, Oklahoma.

With more than 10 years of experience in mental health and substance use treatment, Briney has built a strong foundation in behavioral healthcare operations, leadership and human resources. She earned both her Master of Business Administration and Bachelor of Science in Human Resource Management from Capella University.

Recognized for her collaborative, solution-focused leadership style, Briney is committed to empowering teams while maintaining a strong standard of clinical excellence and operational performance. Her approach emphasizes building on individual strengths, fostering accountability and creating a welcoming, recovery-focused environment for patients, families and staff.

Briney's dedication to behavioral healthcare is also deeply personal. Inspired by her own recovery journey and lived experience in addiction treatment, she brings both professional expertise and personal understanding to her leadership. Outside of work, she enjoys spending time with her husband and children and helping others achieve their fitness goals as a personal trainer.

### **About Sea Grove Recovery**

Sea Grove Recovery provides evidence-based treatment for adults experiencing substance use disorders and co-occurring mental health conditions. Through individualized care, compassionate clinical support and a commitment to treating the whole person, Sea Grove Recovery helps patients build the skills and confidence needed for lasting recovery.